

| BS Human Nutrition and Dietetics | | | | |
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| Semester | Course Code | Course Title | Credit Hrs. | Sections |
| Semester 1 | NS101 | Environmental Science | 3 | 1 |
| | ICT101 | Applications of Information and Communication Technologies | 2 | 1 |
| | ICTL101 | Applications of Information and Communication Technologies Lab | 1 | 1 |
| | ENG110 | Functional English | 3 | 1 |
| | QR101 | Quantitative Reasoning- I | 3 | 1 |
| | BC1222 | Essentials of Biochemistry | 2 | 1 |
| | BC1221 | Essentials of Biochemistry-Lab | 1 | 1 |
| | HND110 | Fundamentals of Human Nutrition | 3 | 1 |
| Semester | Course Code | Course Title | Credit Hrs. | Sections |
| Semester 2 | ENG211 | Expository Writing | 3 | 1 |
| | QR201 | Quantitative Reasoning II | 3 | 1 |
| | ISL110 | Islamic Studies | 2 | 1 |
| | FNL101 | Foreign Language (Chinese) | 2 | 1 |
| | FS1102 | Introduction to Food Science and Technology | 2 | 1 |
| | FS1101 | Introduction to Food Science and Technology-Lab | 1 | 1 |
| | HND111 | Macronutrients in Human Nutrition | 3 | 1 |
| Semester | Course Code | Course Title | Credit Hrs. | Sections |
| Semester 3 | PAK102 | Ideology and Constitution of Pakistan | 2 | 1 |
| | ENT102 | Entrepreneurship | 2 | 1 |
| | PSY101 | Introduction to Psychology | 2 | 1 |
| | CCE201 | Civics and Community Engagement | 2 | 1 |
| | BT4821 | Bioinformatics | 1 | 1 |

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| 5 | BT4822 | Bioinformatics-Lab | 2 | 1 |
| | HND212 | Micronutrients in Human Nutrition | 3 | 1 |
| | HND240 | Assessment of Nutritional Status | 2 | 1 |
| | HND-L240 | Assessment of Nutritional Status-Lab | 1 | 1 |
| Semester | Course Code | Course Title | Credit Hrs. | Sections |
| Semester 4 | HND221 | Dietetics I | 2 | 2 |
| | HND-L221 | Dietetics I-Lab | 1 | 2 |
| | HND241 | Nutritional Immunology | 3 | 2 |
| | HND215 | Nutrition Policies and Programs | 3 | 2 |
| | HND242 | Infant and Young Child Feeding | 2 | 2 |
| | HND-L242 | Infant and Young Child Feeding-Lab | 1 | 2 |
| | HND260 | Fundamentals of Human Anatomy | 2 | 2 |
| | HND-L260 | Fundamentals of Human Anatomy-Lab | 1 | 2 |
| | HND261 | Human Physiology | 2 | 2 |
| | HND-L261 | Human Physiology Lab | 1 | 2 |
| Semester | Course Code | Course Title | Credit Hrs. | Sections |
| Semester 5 | FS2714 | Fundamental of Food Systems | 3 | 1 |
| | HND314 | Public Health Nutrition & Sustainability | 2 | 1 |
| | HND-L314 | Public Health Nutrition& Sustainability-Lab | 1 | 1 |
| | HND363 | General Pathology | 2 | 1 |
| | HND-L363 | General Pathology-Lab | 1 | 1 |
| | HND313 | Nutrition Through the Life Cycle | 3 | 1 |
| | HND324 | Meal Planning and Management | 2 | 1 |
| | HND-L324 | Meal Planning and Management-Lab | 1 | 1 |

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| Semester 6 | HND320 | Functional and Nutraceutical Foods | 3 | 2 |
| | HND322 | Dietetics II | 2 | 2 |
| | HND-L322 | Dietetics II-Lab | 1 | 2 |
| | HND316 | Nutritional Practices in Clinical Care | 2 | 2 |
| | HND-L316 | Nutritional Practices in Clinical Care-Lab | 1 | 2 |
| | HND325 | Drug Nutrient Interaction | 3 | 2 |
| | HND323 | Food Toxin and Allergens | 3 | 2 |