

BS Human Nutrition and Dietics

1st Semester	Course Code	Course Title	Cr. Hrs.	Section
	QR101	Quantitative Reasoning-I	3	AH1
	ENG110	Functional English	3	AH1
	ICT101	Applications of Information and Communication Technologies	2	AH1
	ICTL101	Applications of Information and Communication Technologies-Lab	1	AH1
	FST110	Introduction to Food Science and Technology	2	AH1
	FST-L110	Introduction to Food Science and Technology-Lab	1	AH1
	HND110	Fundamentals of Human Nutrition and Dietetics	3	AH1
	HND260	Human Anatomy	2	AH1
	HND-L260	Human Anatomy-Lab	1	AH1
2nd Semester	Course Code	Course Title	Cr. Hrs.	Section
	ENG211	Expository Writing	3	AH2
	QR201	Quantitative Reasoning II	3	AH2
	ISL110	Islamic Studies	2	AH2
	FNL101	Foreign Language (Chinese)	3	AH2
	FS1102	Introduction to Food Science and Technology	2	AH2
	FS1101	Introduction to Food Science and Technology-Lab	1	AH2
	HND111	Macronutrients in Human Nutrition	3	AH2
	Course Code	Course Title	Cr. Hrs.	Section
	PAK102	Ideology and Constitution of Pakistan	2	AH3
	ENT102	Fundamentals of Entrepreneurship	2	AH3
	PSY101	Introduction to Psychology	3	AH3

3rd Semester	CCE201	Civics and Community Engagement	2	AH3
	BT4821	Bioinformatics	1	AH3
	BT4822	Bioinformatics-Lab	2	AH3
	HND212	Micronutrients in Human Nutrition	3	AH3
	HND240	Assessment of Nutritional Status	2	AH3
	HND-L240	Assessment of Nutritional Status-Lab	1	AH3
4th Semester	Course Code	Course Title	Cr. Hrs.	Section
	HND221	Dietetics I	2	AH4
	HND-L221	Dietetics I-Lab	1	AH4
	HND241	Nutritional Immunology	3	AH4
	HND215	Nutrition Policies and Programs	3	AH4
	HND242	Infant and Young Child Feeding	2	AH4
	HND-L242	Infant and Young Child Feeding-Lab	1	AH4
	HND260	Fundamentals of Human Anatomy	2	AH4
	HND-L260	Fundamentals of Human Anatomy-Lab	1	AH4
	HND261	Human Physiology	2	AH4
	HND-L261	Human Physiology Lab	1	AH4
5th Semester	Course Code	Course Title	Cr. Hrs.	Section
	FS2714	Fundamental of Food Systems	3	AH5
	HND314	Public Health Nutrition & Sustainability	2	AH5
	HND-L314	Public Health Nutrition& Sustainability-Lab	1	AH5
	HND363	General Pathology	2	AH5
	HND-L363	General Pathology-Lab	1	AH5

	HND313	Nutrition Through the Life Cycle	3	AH5
	HND324	Meal Planning and Management	2	AH5
	HND-L324	Meal Planning and Management-Lab	1	AH5
6th Semester	Course Code	Course Title	Cr. Hrs.	Section
	HND320	Functional and Nutraceutical Foods	3	AH6
	HND322	Dietetics II	2	AH6
	HND-L322	Dietetics II-Lab	1	AH6
	HND316	Nutritional Practices in Clinical Care	2	AH6
	HND-L316	Nutritional Practices in Clinical Care-Lab	1	AH6
	HND325	Drug Nutrient Interaction	3	AH6
	HND323	Food Toxin and Allergens	3	AH6
7th Semester	Course Code	Course Title	Cr. Hrs.	Section
	HND417	Sports Nutrition	2	AH7
	HND-L417	Sports Nutrition-Lab	1	AH7
	HND443	Nutrition in Emergencies	3	AH7
	HND480	Research Methodology & Skills	3	AH7
	HND451	Clinical Biochemistry	2	AH7
	HND-L451	Clinical Biochemistry-Lab	1	AH7
	HND432	Food and Drug Laws	3	AH7