



## Global Conference on Psychopathology & Rehabilitation (GCPR-24) (Wellness: Our Shared Responsibility)

Conference Program 26th June, 2024

### Inaugural Session

Moderators: Ms. Tehreem Naqvi & Ms Noor Ul Ain

Facilitator: (Ayera Butt & Wajeeha Nadeem)

Time	Event
2:00 PM	Guest to be seated
2:10 PM	Recitation from Holy Mr. Waleed
2:20 PM	National Anthem
2:25 PM	Welcome Address: Prof. Dr. Khalid Manzoor Butt
2:35 PM	Address By the Pro-Rector Prof. Dr. Hadia Awan
2:45 PM	<b>Guest of Honor</b> <b>Mr. Ali Jan Khan</b> Secretary Specialized Health & Medical Education Department.
3:00 PM	<b>Keynote speaker</b> <b>Dr. Amjad Saqib</b> Chair Management Committee Fountain House
3:20 PM	<b>Keynote Speaker</b> <b>Dr. Gulnaz Anjum</b> Associate Professor of Psychology University of Oslo (Uio) Topic: Invisible Suffering in Climate Change: Representation and Mental Health Disparities in the the Global South.
3:45 PM	<b>Guest Speaker</b> <b>Holly G. Prigerson PhD</b> Topic: Prolonged Grief Disorder & Approaches to EMPOWER-ment
3:50 PM	<b>Vote of Thanks</b> <b>Prof. Dr. Shazia Hasan</b> Head Department of Psychology
3:55 PM	<b>Panel Discussion</b> Moderator: Ms Momina Nayyer Panel Chair: Dr. Shazia Hasan
4:35 PM	<b>Social Evening</b>
5:00 PM	Evening Tea
7:00 PM	<b>Dinner (Venue: Outside UCP)</b>

Venue: Auditorium A Building

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## Global Conference on Psychopathology & Rehabilitation (GCPR-24) (Wellness: Our Shared Responsibility)

Day-2 Plan 27<sup>th</sup> June 2024

Moderators: Ms. Tehreem Naqvi & Ms Noor Ul Ain

Time	Events
9:30 AM	Guest to be seated
9:45 AM	Recitation from Holy Quran Mr. Waleed
10:00 AM	National Anthem
10:10 AM	<b>Keynote Speaker</b> Prof. Dr. Imtiaz Ahmad Dogar Topic: Locked up Behind the Bars Addictive Behaviors in Youth
10:25 AM	<b>Keynote Speaker</b> Dr. Izhar Hashmi Director Program & Operations at Punjab Welfare Trust for the Disabled. Topic : Psychosocial and Emotional Problems
10:40 AM	<b>Guest Speaker</b> Brig. Sikandar Hayat Ch. Regional Directorate Commander ANF Topic: Psychology of Addiction
10:55 AM	<b>Guest Speaker</b> Siti Rafiah Abd. Hamid Associate Professor Kulliyah of Education, IIUM Gombak Campus. Topic: Suicide and Mental Health
11:10 AM	<b>Panel Discussion</b> Moderator: Dr. Alia Asmat Panel Chair: Dr. Shazia Hasan
11:35 AM	<b>Tea Break</b>
12:10 AM-1:30 PM	Scientific Session I
1:30 PM-2:40 PM	<b>Lunch Break</b>
2:40 PM- 4:15 PM	Scientific Session II
4:20 PM	Closing Ceremony
5:00 PM	Tea

Facilitator: (Sehar Waheed & Kalsoom)

Venue: Auditorium A Building

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## Global Conference on Psychopathology & Rehabilitation (GCPR-24) (Wellness: Our Shared Responsibility)

**Scientific Session I A (12:10-1:30 PM)**

**Theme: Mental Health and Psychological Well-being**

<b>Venue: Board Room, Building A</b>		
<b>Session Chair:</b> Dr. Zainab Bhutto, Dean and Director Institute of Professional Psychology Bahria University Karachi Campus	<b>Session Co-Chair:</b> Dr. Haziq Mehmood, Acting Dean at School of Professional Psychology and Chairperson of the Department of Applied Psychology UMT, Lahore.	
<b>Moderator:</b> Miss Tehreem Fatima Naqvi	<b>Facilitator:</b> Miss Khushbakht Pari	
Sr#	Code	Title Author and Affiliation
<b>1</b>	GCPR-62402-07	Narcissism, Psychological Control, Spiritual Bypass and Mental Health Problems Between University and Madrassa Students; A Comparative Study <b>Hafiza Rabia Noreen</b> University of Management & Technology, Lahore
<b>2</b>	GCPR-62402-12	Exploring the Phenomenon of Nonsuicidal Self-Injury in Young Pakistani Women <b>Ms. Arooba Amjad &amp; Ms. Rabia Dasti</b> University of Central Punjab & University of the Punjab
<b>3</b>	GCPR-62402-67	Dysfunctional Cognitive Correlates in OCD: A Systematic Review of Asian Studies <b>Sabeela Saher Ch, Ayesha Ahmed Khan Uzma Ilyas &amp; Anam Shahid</b> Department of Psychology, University of Central Punjab
<b>4</b>	GCPR-62402-16	Gratitude Practices among University Students: A Qualitative Approach <b>M. Hamid Shahzad, Zartashia, Hamna, Khadija &amp; Gohar</b> Government College University, Faisalabad
<b>5</b>	GCPR-62402-18	Dispositional Mindfulness and Emotional Regulation as Predictor of Mental Health <b>Zoha Amjad, Dr. Ayesha Sarfraz &amp; Ayesha Khalid</b> Department of Applied Psychology, University of Home Economics

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6	GCPR-62402-61	Resilience, Creativity, and Risk-taking behavior among Young Adults: A comparative study of firstborn, middle born and last born <b>Lubna Kanwal Dar, Areej Khan, Ayesha Tehreem, Dua-e-Batool &amp; Fareeha Fatima</b> Bahria University Lahore
7	GCPR-62402-47	Psychological Distress and Quality of Life in Early Renal Failure Patients, a Mediating Role of Spirituality <b>Ayesha Yaqoob &amp; Huma Yasin</b> Department of Humanities COMSATS University, Lahore

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**Scientific Session I B (12:10-1:30 PM)**

**Theme: Community and Complex Psychological Phenomenons**

Venue: Meeting Room, Building A		
<b>Session Chair:</b> Prof. Dr. Salma Hassan, Chairperson of Department of Psychology, Government College University Lahore (GCUL).		<b>Session Co-Chair:</b> Dr. Afsheen Gul, Head Department of Psychology Kannard College.
<b>Moderator:</b> Miss Shagufta Shaheen		<b>Facilitator:</b> Miss Momina Abid
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-79	Political Stability: Buffering Inclusivity and Rehabilitation of Transgenders in Pakistan <b>Ms. Arooj Nazir, Dr. Sawaira Rashid &amp; Dr. Abdul Mateen Khan</b> Department of Psychology, University of Central Punjab
2	GCPR-62402-78	Lived Experiences OF Clinical Psychologists Working in Public Sector Hospitals <b>Laiba Rahman, Ms. Amna Asif, Sania Ashfaq, Laiba Muskan &amp; Seerat Fatima</b> Department of Psychology Government College University Lahore (GCUL)
3	GCPR-62402-88	The humor relayed disposition as predictor of self-esteem, psychological well-being and quality of life among adults; the role of emotional intelligence and empathy as mediators. <b>Anam Shahzadi &amp; Dr. Najma Iqbal Malik</b> University of Sargodha
4	GCPR-62402-51	Efficacy of Dialectical Behavior Therapy in the Treatment of Clients with Depression <b>Ahmed Ali Sohail</b> Department of Psychology Government College University Lahore (GCUL)
5	GCPR-62402-58	Unravelling the Complexities of Suicide: Exploring Risk and Protective Factors Among Young Adults with Depression: A Qualitative Analysis <b>Roma Sarwar &amp; Alia Asmat</b> Department of Psychology, University of Central Punjab

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<b>6</b>	GCPR-62402-57	Exploring Suicidal Phenomena in Obsessive-Compulsive Disorder: Risk and Protective Factors: A Qualitative Analysis <b>Roma Sarwar &amp; Alia Asmat</b> Department of Psychology, University of Central Punjab
<b>7</b>	GCPR-62402-103	Perceived Interparental Conflicts, Marriage Attitude And Emotional Dysregulation Among Young Adults <b>Fatima Waheed &amp; Ms. Momina Nayyer</b> Department of Psychology, University of Central Punjab
<b>8</b>	GCPR-62402-113	Moral Foundations, Environmental Attitudes and Sustainable Consumption Behavior in Young Adults <b>Maham Habib &amp; Dr. Ruhi Khalid</b> Beaconhouse National University, Lahore

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**Scientific Session I C (12:10-1:30 PM)**

**Theme: Relationship Dynamics and Impact**

Venue: Webinar Room, Building C		
<b>Session Chair:</b> Dr. Khalid Bhatti, Associate Professor Department of Psychology, Government College University Faisalabad (GCUF).		<b>Session Co-Chair:</b> Dr. Rabia Iftakhar, Assistant Professor at Department of Psychology, Government College University Lahore (GCUL)..
<b>Moderator:</b> Miss Arooj Nazir		<b>Facilitator:</b> Miss Humna
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-25	Role of Disruptive Behaviors in Sibling Relationship, Life Satisfaction and Psychological Well Being of Siblings of Children with Autism <b>Amina Akhtar</b> Institute of Applied Psychology, University of the Punjab, Lahore.
2	GCPR-62402-17	Family Enmeshment, Dark Triad, Emotional Regulation and Non-Suicidal Self-Injury in Young Adults <b>Ms. Ayesha &amp; Ms. Tehreem Naqvi</b> Department of Psychology, University of Central Punjab
3	GCPR-62402-42	Parental Negligence, Nomophobia and Metacognitive Distortion in Young Adults <b>Mehson Mirza &amp; Huma Yasin</b> Department of Humanities COMSATS University, Lahore
4	GCPR-62402-46	Emotional Suppression, Interpersonal Reactivity, and Power Imbalance in Married Men and Women <b>Laiba Islam &amp; Hamna Zahid</b> Department of Humanities COMSATS University, Lahore
5	GCPR-62402-56	Hovering Parents, Fretful Partners: Correlation Between Helicopter Parenting, Emotional Intelligence, Psychological Inflexibility and Rejection Sensitivity in Romantic Partners <b>Amina Saquib &amp; Ms. Arooj Nazir</b> Department of Psychology, University of Central Punjab
6	GCPR-62402-97	Parental Acceptance-Rejection, Emotion Dysregulation, Rumination, and Non-Suicidal Self-Injury among Young Adults <b>Khushbakht Pari &amp; Dr. Shazia Hasan</b> Department of Psychology, University of Central Punjab

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7	GCPR-62402-89	Romantic Jealousy And Its Psycho-Social Correlates Among Young Adults <b>Maheen Waheed &amp; Dr. Najma Iqbal Malik</b> University of Sargodha
8	GCPR-62402-90	Impact Of Tokophobia On Marital Satisfaction And Mental Health; Role Of Perceived Social Support And Emotional Regulation Among First Time Mothers To Be <b>Zunaira Sagheer &amp; Dr. Najma Iqbal Malik</b> University of Sargodha
9	GCPR-62402-93	Perceptions Of Married Adults Regarding Extramarital Affairs In Pakistan <b>Maryam Bibi, Rafia Rafique, Hamna Zahid &amp; Amina Sarwar</b> University of Central Punjab, University of Punjab, COMSATS Lahore & Fazaia College of Education for Women

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**Scientific Session I D (12:10-1:30 PM)**

**Theme: Support Network**

Venue: Auditorium		
<b>Session Chair:</b> Prof. Dr Urooj Sadique Associate Professor Department of Psychology, Bahria University Lahore,		<b>Session Co-Chair:</b> Dr.Nazia Iqbal, Chairperson Department of Psychology, International Islamic University, Islamabad.
<b>Moderator:</b> MissMomina Nayyer		<b>Facilitator:</b> Miss Ayesha Faisal
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-01	Perceived Stigmatization, Perceived Social Support and Mental Wellbeing in Divorced Individuals. <b>Zil-E-Huma Anjum</b> Department of Psychology, University of Central Punjab
2	GCPR-62402-43	Perceived Social Support, Social Discrimination and Mental Health Outcomes in Pakistani Slum Residents <b>Muhammad Naeem &amp; Muneeba Shakil</b> Department of Humanities COMSATS University Lahore
3	GCPR-62402-27	Social Support and Distress Among Covid-19 Survivors as Predictor of Deficit in Executive Functioning and Psychological Well-being <b>Gulraiz Khan &amp; Ms. Momina Nayyer</b> Department of Psychology, University of Central Punjab
4	GCPR-62402-48	Death Anxiety, Perceived Social Support, Resilience, and Reliance on God's Help: A Research on Kashmiri People under Lockdown <b>Khizra Naveed, Sadia Sharif, Rabiya Javed &amp; Dr. Amna H.Tarrar</b> Forman Christian College, University, Lahore
5	GCPR-62402-98	Affiliate Stigma, Social Support and Quality of Life in Caregivers of Depressive Patients <b>Dr. Hira Jahangier, Dr Arooj Zahra Rizvi &amp; Sajia Jabeen</b> Higher Education Department, GOP; Superior University Lahore & Government College University Lahore (GCUL)
6	GCPR-62402-86	Relationship of Dysfunctional Parenting with Indecisiveness in Adolescents <b>Dr. Anila Mukhtar &amp; Prof. Dr. Anjum Ara Jahangir</b> University of Karachi

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<b>7</b>	GCPR-62402-109	Personality Traits, Attitudes Towards Artificial Intelligence and Anthropomorphism in Young Adults <b>Aaziza Ahmad &amp; Dr. Ruhi Khalid</b> Beaconhouse National University, Lahore
<b>8</b>	GCPR-62402-110	Personality, Moral Foundations, Social Dominance Orientation Among Young Adults <b>Aimen Shaharyar, Dr. Farhat Jamil &amp; Dr. Ruhi Khalid</b> Beaconhouse National University, Lahore

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**Scientific Session I E (12:10-1:30 PM)**

**Theme: Cultural and Societal Influences**

<b>Venue: Room Building B-013 (Ground Floor)</b>		
<b>Session Chair:</b> Prof. Dr. Amna Moazam, Chairperson of Department of Applied Psychology LCWU, Lahore.		<b>Session Co-Chair:</b> Dr. Qaisar Abbas Assistant Professor Government College University, Faisalabad.
<b>Moderator:</b> Miss Sana Majeed		<b>Facilitator:</b> Miss Sehar Waheed
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-06	Lived Psychosocial Experiences and Coping Behaviors of Hindu University Students in Pakistan <b>Amna Iftikhar</b> Institute of Applied Psychology, University of the Punjab
2	GCPR-62402-14	Navigating Societal Challenges of Women Married to Spouses Living with Schizophrenia <b>Mehreen Mujtaba &amp; Ms. Tehreem Fatima</b> Department of Psychology, University of Central Punjab
3	GCPR-62402-60	The Nexus Between Spiritual Well-Being, Existential Nihilism & Subclinical Depression in Young Adults <b>Hafsa Nadeem &amp; Ms. Arooj Nazir</b> Department of Psychology, University of Central Punjab
4	GCPR-62402-44	Islamic Religiosity and Aggression in Young Adults: Explanatory Roles of Psychological Capital and Emotion Regulation <b>Zunaira Abbas &amp; Dr Shameem Fatima</b> Department of Humanities COMSATS University Lahore
5	GCPR-62402-55	Emigration Intentions Among Young Adults Who Are in the Process of Visa to Study Abroad: Pushing and Pulling Factors <b>Nimrah Iftikhar</b> Government College University, Lahore
6	GCPR-62402-59	Impact of Narrative Transportation on Para-Social Interaction Among Young Adults; Life Satisfaction as a Moderator <b>Arooj Fatima Mazhar</b> Riphah International University, Islamabad

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7	GCPR-62402-81	Role of flow state on social disengagement: A moderated mediation model of moral evasion through Katagelasticism among adults in Pakistan <b>Dr. Amna Hassan, Ms. Rahna Tabassum &amp; Dr. Nazia Iqbal</b> International Islamic University, Islamabad; University of Wah & International Islamic University, Islamabad
8	GCPR-62402-82	Helicopter Parenting and Problem-Solving Among Young Adults: The Mediating Role of Resilience <b>Ms. Ayesha Sulaiman, Dr. Sameena Iqbal &amp; Dr. Nazia Iqbal</b> University of Wah and International Islamic University Islamabad (IIUI)

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**Scientific Session I F (12:10-1:30 PM)**

**Theme: Socio-Digital Landscape**

Venue: Room Building B-014 (Ground Floor)		
<b>Session Chair:</b> Dr. Khawar Bilal, Head Department of Psychology Bahria University, Lahore.		<b>Session Co-Chair:</b> Dr. Ummara Rauf Assistant Professor at Department of Psychology GCW University Sialkot
<b>Moderator:</b> Mr. Yousaf Raza		<b>Facilitator:</b> Miss. Zarnish
Sr #	Code	Title
1	GCPR-62402-70	Attachment Styles, Depressive Brooding, Alexithymia & Internet Gaming Disorder in Young Adults <b>Nimra Arshad</b> Department of Psychology, University of Central Punjab, Lahore
2	GCPR-62402-28	Dependency on Socio-Digital Sites: Socio-Digital Participation, Interpersonal Alienation and Learning Burnout in University Students <b>Rida Ali Shah &amp; Arooba Amjad</b> Department of Psychology, University of Central Punjab
3	GCPR-62402-26	The Digital Mirror: An Exploration of Digital Facial Image Satisfaction and its Associated Factors <b>Amna Ramzan &amp; Dr. Alia Asmat</b> Department of Psychology, University of Central Punjab, Lahore
4	GCPR-62402-37	Technology and Mental Wellbeing: Investigation of the Influence of Social Media Addiction, Cyberbullying and Gender on the Mental Well-being of Adolescents <b>Aroosha Waqas &amp; Muneeba Shakil</b> Department of Humanities COMSATS University, Lahore
5	GCPR-62402-40	Social Media Usage, Body Surveillance and Self-Objectification in Undergraduate Students <b>Ayesha &amp; Hamna Zahid</b> Department of Humanities COMSATS University, Lahore
6	GCPR-62402-80	Digital Media Dependency, Digital Dementia and Depression in Adolescents <b>Laiba Bano</b> Government College University, Lahore
7	GCPR-62402-94	Ludo Star Game Addiction, Social Connectedness and Psychological Well-Being in University Students

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		<b>Sobia Bashir, Muhammad Sajjad Shahid, Maryam Bibi &amp; Arooj Nazir</b> Lahore Garrison University Lahore & Department of Psychology, University of Central Punjab, Lahore
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**Global Conference on Psychopathology & Rehabilitation (GCPR-24)**  
**(Wellness: Our Shared Responsibility)**  
**Scientific Session II A (2:45- 4:15 PM)**

**Theme: Explorations Related to Criminological Phenomenon**

Venue: Board Room, Building A		
<b>Session Chair:</b> Dr. Farhat Jameel, Head of the Department of BS Applied Psychology Program at the Institute of Psychology BNU, Lahore.		<b>Session Co-Chair:</b> Dr. Nudra Malik Assistant Professor Department of Applied Psychology LCW University Lahore.
<b>Moderator:</b> Miss Ayesha Noor		<b>Facilitator:</b> Miss Ghinasha Choudary
Sr#	Code	Title
1	GCPR-62402-23	Family Functioning and Intimate Partner Violence: A Mediating Role Of Emotional Intelligence <b>Sameen Sadaqat, Dr. Amna Khawar, Ms. Syeda Ayesha Noor &amp; Ayesha Jabbar</b> Lahore College for Women University
2	GCPR-62402-10	Regret, Belief in a Just World, Psychopathy and Mental Health Problems Among Female Prisoners in Pakistan. <b>Mahnoor Azeemi</b> Government College University Lahore
3	GCPR-62402-04	Rapist Perspective on Women Objectification and Provocative Dressing. <b>Hifza Shamshad, Ms. Amna Asif &amp; Rana Qumber Shahzad</b> University of the Punjab; Government College University Lahore
4	GCPR-62402-50	Child Abuse in Low- and Middle-Income Countries: Prevalence, Impact, and the Need for Global Intervention. <b>Kalsoom Fatima, Aliza Khanum &amp; Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
5	GCPR-62402-53	Relationship Between Dark Triad Personality, Moral Disengagement and Bullying Behavior <b>Nasreen Fatima, Dr. Ayesha Sarfraz &amp; Dr. Ayesha Khalid</b> University of Home Economics
6	GCPR-62402-29	Childhood Trauma and Abuse as a Precursor to Functional Neurological Disorder: The Narrative Review <b>Aliza Khanum, Kalsoom Fatima &amp; Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore

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7	GCPR-62402-111	Freedom Beyond the Bars: An Analysis of Juvenile's Criminal Social Identity and Desired Future Identity at Camp Jail Lahore <b>Muhammad Munib-Ur-Rehman &amp; Sara Ishaq</b> Forman Christian College & PIMH
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**Global Conference on Psychopathology & Rehabilitation (GCPR-24)**  
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**Scientific Session II B (2:45- 4:15 PM)**

**Theme: Stress and Coping**

Venue: Meeting Room, Building A		
<b>Session Chair:</b> Dr. Zakia Bano Chairperson Department of Psychology, International Islamic University, Islamabad.		<b>Session Co-Chair:</b> Dr. Ayesha Majeed, Assistant Professor, Clinical Psychology Unit, GCU Lahore.
<b>Moderator:</b> Miss Zashier Aman		<b>Facilitator:</b> Miss Anum Nawaz
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-99	The Ups and Downs of Entrepreneurship: Navigating Happiness, Depression, and Freedom <b>Syeda Azra Batool &amp; Sheneela Altaf</b> Bahauddin Zakariya University, Multan
2	GCPR-62402-11	Lived Experiences of Abuse and Coping of Individuals with Disability <b>Sadia Sharif &amp; Dr. Saadia Dildaar</b> Government College University Lahore
3	GCPR-62402-15	Mindfulness, Connectedness to Nature and Eco Anxiety in Young Adults <b>Abeer Khan</b> Kinnaird College, Lahore
4	GCPR-62402-95	The Aggressive Humor; Narcissism and Emotional Abuse in Young Adults. <b>Sidra Ibrar &amp; Ms. Arooj Nazir</b> Department of Psychology, University of Central Punjab
5	GCPR-62402-91	The Relationship Between Negative Content and Voice Related Distress in a Non-Clinical Voice Hearer: Mediating role of Mindfulness and Interpretation of Locus of Control <b>Hafsa Masood &amp; Dr. Najma Iqbal Malik</b> University of Sargodha
6	GCPR-62402-35	Imposed Career: Lived Experiences of Medical Students <b>Hamza Mehboob, Amna Asif &amp; Muhammad Owais</b> Institute of Applied Psychology University of Punjab; Government College University Lahore

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**Global Conference on Psychopathology & Rehabilitation (GCLR-24)**  
**(Wellness: Our Shared Responsibility)**  
**Scientific Session II C (2:45- 4:15 PM)**

**Theme: Development and Adaptation of Psychological Tools**

Venue: Webinar Room, Building C		
<b>Session Chair:</b> Dr. Mahwish Arooj Naz, Consultant Clinical Psychologist – In charge Clinical Psychology Unit, GCU, Lahore.		<b>Session Co-Chair:</b> Dr. Ayesha Sarfaraz, Head and Assistant Professor, Department of Psychology, Home Economics University Lahore.
<b>Moderator:</b> Miss Ayesha Khalil		<b>Facilitator:</b> Miss Manal Fatima
Sr #	Code	Title Author and Affiliation
1	GCPR-62402-05	Development and Validation of Romantic Infatuation Scale (RIS) <b>Amna Iftikhar</b> Institute of Applied Psychology, University of the Punjab
2	GCPR-62402-75	Adaptation and Psychometric Validation of the Multidimensional Digital Stress Scale (MDSS) in a Pakistani Students <b>Amna Khan &amp; Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
3	GCPR-62402-54	Validation of Trait Emotion Hope Scale among Depression Patients <b>Aqsa Maqbool &amp; Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
4	GCPR-62402-62	Translation And Validation of English Version of White Bear Suppression Inventory into Urdu Language: Analysis of Psychometric Properties <b>University of Sialkot</b> Aisha Shakeel & Minal Hafeez
5	GCPR-62402-65	Validation of Dysfunctional Beliefs and Attitudes about Sleep (DBAS-16) <b>Aleena Imran &amp; Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
6	GCPR-62402-83	Development of Indigenous Scale of Generalized Anxiety Disorder in Adolescents <b>Rabia Bootay Khan &amp; Dr. Humaira Naz</b> University of the Punjab; Government College University Lahore (GCUL)

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**Scientific Session II D (2:45- 4:15 PM)**

**Theme: Behavioral and Personality Studies**

Venue: Auditorium		
<b>Session Chair:</b> Dr. Shamim Fatima, Associate Professor Department of Humanities and Chairperson, of all 7 campuses at COMSATS.		<b>Session Co-Chair:</b> Dr. Saima Majeed, Associate Professor at Department of Psychology at Forman Christian College, University, Lahore.
<b>Moderator:</b> Miss Arooba Amjad		<b>Facilitator:</b> Miss Rizma
Sr #	Code	Title Author and Affiliation
1	GPCR-62402-20	Identifying Common Thought Patterns of People with Ego Despair: A Qualitative Inquiry <b>Zahra Ansar &amp; Ms. Ayesha Khalil</b> Department of Psychology, University of Central Punjab, Lahore
2	GPCR-62402-21	Uncovering the Hidden: Exploring the Factors of Hoarding Behavior in Pakistani Adults <b>Imtisal Bukhari &amp; Dr. Alia Asmat</b> Department of Psychology, University of Central Punjab, Lahore
3	GPCR-62402-22	Exploring the Factors Associated with Premenstrual Euphoric Symptoms in Pakistani Young Women: A Qualitative Study <b>Momena Abid &amp; Dr. Alia Asmat</b> Department of Psychology, University of Central Punjab, Lahore
4	GPCR-62402-39	Personality Traits, Emotion Regulation Strategies and General Well-Being in Young Adults <b>Amat ul Musawar &amp; Dr. Mahira Ahmed</b> Department of Humanities COMSATS University, Lahore
5	GPCR-62402-36	Self-Objectification, Appearance Anxiety and Selfie Manipulation Behavior in Young Adults <b>Ghulam Fizza &amp; Zaeema Farooq</b> Department of Humanities COMSATS University, Lahore
6	GPCR-62402-96	College Students' Attachment Style and Level of Depression with the Mediating Role of Self Differentiation <b>Syeda Manal Fatima &amp; Ms. Kiran Arooje</b> University of Central Punjab Lahore, Riphah International University
7	GPCR-62402-100	Personality Traits, Resilience & Mental Well being among the victims of Childhood Parental Maltreatment

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		<b>Ushna Sehar &amp; Ms. Ayesha Kashif</b> Department of Psychology, University of Central Punjab, Lahore
<b>8</b>	GPCR-62402-115	Social Rejection, Personality Characteristics and Self-Esteem Issues in Orphan School Children <b>Muhammad Ali &amp; Farhan Hashmi</b> Government College University, Lahore

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Scientific Session II E (2:45- 4:15 PM)

Theme: Health and Neurological Studies

Venue: Room Building B-013 Building		
<b>Session Chair:</b> Prof. Dr. Sara Sahid, Department of Psychology, Forman Christian College, University, Lahore		<b>Session Co-Chair:</b> Dr. Amna Ubaid Khawaja, Associate Professor, Lahore College for Women University
<b>Moderator:</b> Miss Pakeeza Haider		<b>Facilitator:</b> Miss. Wajiha
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-76	Psychological Correlates of chronic pain patients with knee pain and migraine <b>Alishba Malik &amp; Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
2	GCPR-62402-38	Smoking/Nicotine Dependence, Sleep Disturbance and Psychological Distress in Call Center Employees <b>Jamshaid Prince &amp; Zaeema Farooq</b> Department of Humanities COMSATS University, Lahore
3	GCPR-62402-45	Sleep Quality, Meta Cognitive Abilities, and Academic Interest: A Study on University Students Working Online from Pakistan During Night as a Truck Dispatcher <b>Tahira Sabat &amp; Dr Shameem Fatima</b> Department of Humanities COMSATS University, Lahore
4	GCPR-62402-87	Ageism, Future Time Perspective, and Anxiety about Aging in Young Adults Lubna Kanwal Dar, Hania Amer, Shakila Mushtaq & Fatima Faisal <b>Bahria University Lahore</b>
5	GCPR-62402-92	Health Beliefs, Fear of COVID, and Preventive Behaviors in COVID Survivors <b>Sara Mukhtar, Fatima Kamran, Maryam Bibi &amp; Noor Ul Huda</b> University of the Punjab, UCP & GCU Faisalabad
6	GCPR-62402-41	Subjective Vitality, Compassion Fatigue and Empathy in Health Care Professionals <b>Hadiya &amp; Hamna Zahid</b> Department of Humanities COMSATS University, Lahore

Scientific Session II F (2:45- 4:15 PM)

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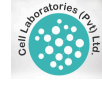
*(Wellness: Our Shared Responsibility)*

**Theme: Case Studies and Intervention Studies**

**Scientific Session II F (2:45- 4:15 PM)**

Venue: Room Building B-014 Building		
<b>Session Chair:</b> Dr Waheeda Sarfraz Head of the Department Lahore School of Behavioral Sciences (LSBS) at The University of Lahore.		<b>Session Co-Chair:</b> Dr. Muneeba Shakeel Assistant Professor Department of Humanities COMSATS Lahore.
<b>Moderator:</b> Miss Huma Yaseen		<b>Facilitator:</b> Miss. Zainab Sohail
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-73	Effectiveness of Electroconvulsive Therapy (ECT) in Treatment-Resistant Bipolar Disorder I: A Case Study <b>Asad Ullah &amp; Yousaf Raza</b> Punjab Institute Of Mental Health (PIMH) and University of Lahore
2	GCPR-62402-71	Psychological Treatment of Binge Eating Disorder Targeting Thought Processes and Emotion Regulation <b>Hurmat Zahra and Ms. Uzma Ilyas</b> Department of Psychology, University of Central Punjab, Lahore
3	GCPR-62402-85	Efficacy of Positive Psychotherapy for Infertility Related Stress in Women with Primary and Secondary Infertility <b>Tasmia &amp; Dr. Saima Dawood</b> University of the Punjab
4	GCPR-62402-101	Efficacy of Association Splitting for Treatment of OCD: A Case Study <b>Sehar Waheed, Dr. Shazia Hasan &amp; Muhammad Sohail</b> Department of Psychology, University of Central Punjab, Lahore
5	GCPR-62402-104	Execution of Prevention Based Intervention: Metacognitive Training for Depression (D-MCT) in Urdu <b>Ms. Saira Javed, Prof. Dr. Shazia Mushtaq &amp; Brig. Prof. Dr. Tanvir Akhtar</b> National University Of Medical Sciences (NUMS) Rawalpindi
6	GCPR-62402-114	Efficacy of Eclectic Behavior Therapy Routine to Manage a Teenager's Behavioral Issues with IDD: A Clinical Case Study <b>Rameen Baber &amp; Farhan Hashmi</b> Forman Christian College, University, Lahore and Government College University Lahore (GCUL)

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**Scientific Session III A (9 AM to 12 PM)**

**Theme: Heart Break & Healing**

Venue: Online		
<b>Session Chair:</b> Dr. Kashif Fida Post Doctoral Fellow at Andrews University, USA.		<b>Session Co-Chair:</b> Dr. Rabia Hanif Associate Professor at Riphah University Islamabad & Post Doctroral fellow at VCU
<b>Moderator:</b> Mr. Imran Mehmood		
Sr #	Code	Title Author and Affiliation
1	GCPR-62402-13	The Influence of Self-Compassion on the Relationship Between Perceived Stress and Quality of Life in Cancer Patients <b>Ayesha Ahmed &amp; Sanober Khanum</b> Institute of Clinical Psychology University of Karachi.
2	GCPR-62402-19	The Impact of Terrorism on the Community's Interpersonal Relationships <b>Aelia Zaidi &amp; Dr. Amena Zehra Ali</b> Department of Psychology University of Karachi.
3	GCPR-62402-33	Enhancing Self-Acceptance and Self-Esteem in University Students: An Intervention Based Study. <b>Nofia Faith, Syeda Qurat-ul-Ain Hassan, Arman Bana, Faris Ali Khan, Aliya Fatima, Tehzeeb Qadar, Ayesha Khan &amp; Somal Kayani</b> Mohammad Ali Jinnah University, Karachi
4	GCPR-62402-02	Heartbreak and Healing: An In-Depth Study to Explore Grief in Dissolution of Romantic Relationships <b>Manal Shekhani, Somal Kayani &amp; Dr. Faiza Mushtaq</b> Brandon Centre, London, United Kingdom; Muhammad Ali Jinnah University, Karachi & Institute of Business Administration, Karachi
5	GCPR-62402-08	Exploring the Efficacy of a Social Media Addiction Awareness Workshop on Commitment to Change Among Gen Z <b>Aqsa Rani, Syeda Aleeza Raza, Afifa Asif, Arooba Hafeez, Syeda Tabassum Naseem, Asma Zulfiqar</b> Mohammad Ali Jinnah University, Karachi
6	GCPR-62402-09	Self-Care Practices: Psychological and Physical Self-Care Practices and Perceived Stress Level Among University Students <b>Laraib &amp; Ms. Aisha Rais Ahmed</b>

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		Mohammad Ali Jinnah University, Karachi
7	GCPR-62402-102	Evaluating Treatment Modalities For Marijuana Addiction: A Comprehensive Review Of Cognitive, Behavioural, And Pharmacological Interventions. <b>Areeba Abdul Razzak Wadiwala, Bisma Mukhtar, Tooba Rajab Ali, Ayesha Siddiqui &amp; Shahzaib Jahangir</b> Mohammad Ali Jinnah University, Karachi

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**Global Conference on Psychopathology & Rehabilitation (GCPR-24)**  
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**Scientific Session III B (9 AM to 12 PM)**

**Theme: Holistic Mind Care**

Venue: Online		
<b>Session Chair:</b> Dr. Shakira Huma Siddiqui Head Department of Applied Psychology NUML, Islamabad.		<b>Session Co-Chair:</b> Dr. Arooj Najmussaqib Mental health Consultant MHCU, Ministry of Planning and Support Initiatives. Visiting Faculty, Bahria University & QAU- Islamabad.
<b>Moderator:</b> Miss Khushbakht Pari		
Sr#	Code	Title Author and Affiliation
1	GCPR-62402-24	Developing Strategies to Combat Social Anxiety in Gen Z <b>Anum Abrar, Somal Kayani, Tahoor Faisal, Aneeqa Amir, Areeba, Doreen &amp; Laiba</b> Mohammad Ali Jinnah University, Karachi
2	GCPR-62402-49	Decoding Revenge Bedtime Procrastination Among Gen Z Individuals: A Readiness to Change Approach <b>Mahnoor Kiyani, Nayab Fatima, Laiba Arshad, Joanna Jessica, Minhal Adil &amp; Somal Kayani</b> Mohammad Ali Jinnah University, Karachi
3	GCPR-62402-32	Neuropsychological Underpinnings of Power and Politics: Deciphering the Developing and Perpetuating Considerations: A Narrative Review <b>Rahema, Somal, Amna, Fabiha, Nimrah &amp; Abdul Sami</b> Mohammad Ali Jinnah University, Karachi
4	GCPR-62402-34	Neurological Effects of Cognitive Behavioral Therapy (CBT) on Treating Body Dysmorphic Disorder (BDD). <b>Laraib, Hafsa Iftikhar, Mashal, Rumman Insha, Mariam Habib &amp; Somal Kayani</b> Mohammad Ali Jinnah University, Karachi
5	GCPR-62402-63	Navigating Stress and Burnout: Understanding Neuropsychological Impacts and Indicating Solutions for University Student Well-being <b>Anmol Ahsan, Aqsa Anser, Suman Nadeem, Syeda Hafsa Zia, Samia Khan &amp; Somal Kayani</b> Mohammad Ali Jinnah University, Karachi

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6	GCPR-62402-107	Effectiveness of Forgiveness Therapy Among Substance Use Patients (SUD) <b>Swaira Abid &amp; Dr. Bushra Naz</b> Department of Psychology, University of Central Punjab, Lahore
7	GCPR-62402-112	Exploring Neurodivergent Experiences <b>Mehr Siddiqui</b> Kings College London

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## Global Conference on Psychopathology & Rehabilitation (GCPR-24) (Wellness: Our Shared Responsibility)

Scientific Session III C (9 AM to 12 PM)

Theme: Psychological Rehabilitation Insights

Venue: Online		
<b>Session Chair:</b> Dr. Asmat Kakar, Chairperson Psychology, BUIITEMS Quetta.		<b>Session Co-Chair:</b> Dr. Ansa Qurat-ul-Ain Assistant Professor, Psychology Department Air University, Islamabad
<b>Moderator:</b> Dr. Adnan Fateh		
Sr #	Code	Title Author and Affiliation
1	GCPR-62402-66	Psycho-spiritual therapy in rehabilitation for relapse control in drug addicts: A Review article <b>Ziasma Haneef Khan</b> University of Karachi
2	GCPR-62402-30	Exploring Grieving Manifestation in Pakistani Population: Translation and Validation of Prolonged Grief Disorder (PG 13) Scale in Urdu Among Bereaved Adolescents with Intellectual Disability <b>Noor-Ul-Ain &amp; Dr. Noshi Iram Zaman</b> Bahria University Islamabad
3	GCPR-62402-69	Impact Of Infertility Stigma on Psychological Distress and Coping Strategies Among Married Women <b>Maria Rafique &amp; Mahina Abbas</b> Shaheed Zulfikar Ali Bhutto Institute of Science and Technology University, Islamabad
4	GCPR-62402-31	Searching in Bewilderment: A Qualitative Inquiry of Bereavement Among Adolescents with Intellectual Disability. <b>Noor-Ul-Ain &amp; Dr. Noshi Iram Zaman</b> Bahria University Islamabad
5	GCPR-62402-68	Comprehensive Assessment and Intervention Strategies for Autism Spectrum Disorder: A Case Study of an Eight-Year-Old Girl <b>Maria Rafique</b> Shaheed Zulfikar Ali Bhutto Institute of Science and Technology University, Islamabad
6	GCPR-62402-77	Prevalence and Patterns of Self Harm among Women with Substance Use Disorders

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	<b>Dr. Nooreen Begum, Dr. Tarique, Dr. Nazish Anwer &amp; Ms. Hafsa Riaz</b> AMATRC ANF Sindh/SZABIST University
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**Global Conference on Psychopathology & Rehabilitation (GCPR-24)**  
**(Wellness: Our Shared Responsibility)**  
**Scientific Session III D (9 AM to 12 PM)**

**Theme: Psychological Resilience**

Venue: Online		
<b>Session Chair:</b> Dr. Noshi Irum Zaman Khan Associate Professor at Department of Psychology Bahria University Islamabad		<b>Session Co-Chair:</b> Miss. Rabia Dasti, Assistant Professor at Center for Clinical Psychology at University of Punjab.
<b>Moderator:</b> Miss Noor Ul. Ain Basit		
Sr #	Code	Title Author and Affiliation
1	GCPR-62402-72	Urdu Translation and Cross-Language Validation of Core Self-evaluation Scale for Adolescents <b>Zubash Aslam &amp; Dr. Shazia Habib</b> Government College University Faisalabad
2	GCPR-62402-74	The Role of Dark Tetrad in Relationship of Child Abuse and Workplace Bullying <b>Dr. Sadia Mushtaq</b> National University Of Medical Sciences (NUMS)
3	GCPR-62402-105	Academic Stress and Attitude Towards Suicide: Science and Arts Intermediate Students <b>Hafiza Maryam Rafique</b> National University Of Medical Sciences (NUMS) Rawalpindi
4	GCPR-62402-108	Role of Impression Management on Psychological Well-being and Life Satisfaction: Moderation by Moral disengagement <b>Syeda Rubab Aftab &amp; Syeda Reema Aftab</b> National University Of Medical Sciences (NUMS) Rawalpindi, Department of Psychology, University of Central Punjab, Lahore
5	GCPR-62402-84	Psychological Resilience and Infertility-Related Stress Among Females <b>Amna &amp; Rabia Mushtaq</b> University of Karachi
6	GCPR-62402-107	Distress, Forgiveness, Readiness to Change and Quality of Life in Substance Use Patients <b>Swaira Abid &amp; Dr. Bushra Naz</b> Department of Psychology, University of Central Punjab, Lahore

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