



# University of Central Punjab, Lahore

## Faculty of Humanities & Social Sciences – 2023

### ▪ Journal Publications

Sr. No.	Faculty Member's Name	Publication Title	Journal	Category	Impact Factor	Year
1	Khalid Manzoor Butt	Dynamic prognostic interaction between social development and energy consumption optimization: Evidence from european union member countries	Energy	W	9	2023
2	Dr Arslan Tariq Rana	FDI and CO2 emissions in developing countries: the role of human capital	Natural Hazards	W	3.158	2023
3	Uzma Ilyas	Social anxiety and psychological distress among polycystic ovarian syndrome patient's in Pakistan	JPMA. The Journal of the Pakistan Medical Association	X	0.9	2023
4	Dr Alia Asmat	Exposure to smoking and general health problems among university students: mediating role of positive affect and moderating role of parenting	Journal of Substance Use	X	0.895	2023
5	Dr. Alia Asmat	Stigmatisation and perceived social support as predictor of treatment of substance use disorder (SUD): A systematic review	JPMA. The Journal of the Pakistan Medical Association	X	1.002	2023
6	Dr. Alia Asmat	Clinician's perspective about risk and protective factors of substance use: a qualitative exploration	Journal of Substance Use	X	0.895	2023
7	Dr. Muhammad Usman Askari	China's Policy Toward Afghanistan and Its Impact on India	China Quarterly of International Strategic Studies	X	0.2	2023

8	Dr Rabia Farooqi	Burnout Mediates the Association between Workplace Bullying and Mental Health Problems of Health Practitioners in Cancer Units	Iranian Journal of Public Health	X	1.4	2023
9	Dr Muhammad Usman Askari	Dilemma of Democracy: Reasons for the Failure of Democracy in Pakistan	Annals of Human and Social Sciences	Y	Non-Impact Factor	2023
10	Mominyar Khalid Butt	The Interplay between Climate Change Skepticism and Anti-Environmentalism in United States: A Critical Analysis of Trump's Era	UCP Journal of Humanities & Social Sciences	Y	Non-Impact Factor	2023
11	Abdul Mateen Khan	Issues in Fiscal Governance: A Case of Pakistan	Journal of Development and Social Sciences	Y	Non-Impact Factor	2023
12	Dr Muhammad Usman Askari	Understanding the Fallouts of Indian Naval Strategic Vision on Indian Ocean Region	Journal of Indian Studies	Y	Non-Impact Factor	2023
13	Ayesha Nasim	The Federally Administered Tribal Areas of Pakistan and the Legacy of Colonial Violence	Journal of Development and Social Sciences	Y	Non-Impact Factor	2023
14	Dr Sonia Mairaj Ahmad	National Survey of Islamic Psychology Content in Psychology Programs in Pakistan	Bahria Journal of Professional Psychology	Y	Non-Impact Factor	2023
15	Arooj Nazir	Emotional Abuse, Emotional Regulation and Mental Health in Young Adults	Human Nature Journal of Social Sciences	Y	Non-Impact Factor	2023
16	Uzma Ilyas	Procrastination as Predictor of Fear of Evaluation among Pakistani University Students	Human Nature Journal of Social Sciences	Y	Non-Impact Factor	2023
17	Dr Waheed Khan	Religious Extremism and Community Resilience: Case Study of Pakistan	Journal of Politics and International Studies	Y	Non-Impact Factor	2023
18	Dr Waheed Khan	Exploring Radicalization among Women in Pakistan: Causative Factors and Impact	Journal of Development and Social Sciences	Y	Non-Impact Factor	2023
19	Dr Waheed Khan	Pakistan's Policy of Neutrality and Saudi Iranian Rivalry during the Syrian Crisis	Journal of Development and Social Sciences	Y	Non-Impact Factor	2023

20	Dr Waheed Khan	Geo-Economic Benefits of the CPEC Project for Pakistan	PAKISTAN SOCIAL SCIENCES REVIEW (PSSR)	Y	Non-Impact Factor	2023
21	Dr Waheed Khan	Pakistan's Efforts to Enhance Its Geo-Economic Potential through Collaboration with China	Annals of Human and Social Sciences AHSS	Y	Non-Impact Factor	2023
22	Dr Waheed Khan	Analyzing the Geostrategic Dynamics in Iraq: Saudi-Iranian Rivalry and Pakistan's Response, 2003-2018	Global Strategic & Security Studies Review (GSSSR)	Y	Non-Impact Factor	2023
23	Uzma Ilyas	Role of Parenting and Psychosocial Correlates Contributing to Social Anxiety in Asian Adolescents: A Systematic Review	Innovations in Clinical Neuroscience	Y	Non-Impact Factor	2023
24	Dr Bushra Naz	Vaccination Readiness of COVID-19 and Generic Conspiracist Beliefs Among Young Adults: The Mediated Role of Health and Wellbeing	ANNALS OF KING EDWARD MEDICAL UNIVERSITY LAHORE PAKISTAN	Y	Non-Impact Factor	2023
25	Dr Bushra Naz	Interpersonal Support and Social Reflection are the Solution to Internet Addiction: Empirical Evidence	Journal of Professional & Applied Psychology	Y	Non-Impact Factor	2023
26	Amber Baseer	The Lived Experiences of Burnout in Clinical Psychologists in Pakistan: A Phenomenological Study	NUST Journal of Social Sciences and Humanities (NJSSH)	Y	Non-Impact Factor	2023
27	Uzma Ilyas	Psycho-therapeutic Intervention for Meta-cognitions and Emotional Regulation in Binge Eating Disorder: A Systematic Review	Human Nature Journal of Social Sciences	Y	Non-Impact Factor	2023
28	Dr Muhammad Usman Askari	The Federalism in Pakistan within Constitutional Frameworks	Khaldunia - Journal of Social Sciences (KJSS)	Y	Non-Impact Factor	2023
29	Dr Muhammad Usman Askari	Pakistan's Response to Indian Naval Strategic Vision	South Asian Studies	Y	Non-Impact Factor	2023
30	Dr Muhammad Usman Askari	Understanding the Fallouts of Indian Naval Strategic Vision on Indian Ocean Region	Journal of Indian Studies	Y	Non-Impact Factor	2023

<b>31</b>	Dr Muhammad Usman Askari	China-Pakistan Economic Corridor: A Rational Choice Theory Perspective	Annals of Human and Social Sciences AHSS	Y	Non-Impact Factor	2023
<b>32</b>	Dr Muhammad Usman Askari	Sino us Space Rivalry and its Impact on South China Sea Dispute	Journal of Politics and International Studies	Y	Non-Impact Factor	2023
<b>33</b>	Dr Muhammad Usman Askari	Security Threats to Trade Management During the Mughal Era in South Asia (1500-1750)	South Asian Studies	Y	Non-Impact Factor	2023
<b>34</b>	Dr Muhammad Usman Askari	Basic Exchange Cooperation Agreement between India and the US 2020: Security Implications for Pakistan	Journal of Indian Studies	Y	Non-Impact Factor	2023

▪ **Conference & Miscellaneous Publications**

Sr. No.	Faculty Member's Name	Paper Title	Conference Title	Year
1	Arooj Nazir	Analyzing the interplay of Personality Traits, Self-Efficacy and Handling Bullying among School Teachers	international conference on Mental Health Rehabilitation Innovative and Implementation	2023
2	Abdul Mateen Khan	Climate Change Human Trafficking Nexus: Vulnerabilities and outcome	International Conference on Climate Change: Challenges and Responses	2023
3	Shagufta Shaheen	Self-Efficacy, Perceived Organizational Support, Employee Creativity and Work-Engagement among university teacher	2nd International Conference on Applied Psychology: Creating a Better World for future	2023
4	Uzma Ilyas	Climate Change isn't my Responsibility: Climate Change and Diffusion of Responsibility in the Context of Pakistan	2023 PAPANA: First Annual Online Competition	2023
5	Uzma Ilyas	Mental Health Correlates among Pakistani Trainee Clinical Psychologists	15th Annual Muslim Mental Health Conference	2023
6	Uzma Ilyas	Binge Watching and Cognitive Regulation: A Systematic Review	Conference on Applied Psychology (ICAP-2023) Creating a Better World for Future	2023
7	Uzma Ilyas	Systematic Review of CBT efficacy in RCT with eating disorders	13th International CBT Conference by Pakistan Association of Cognitive Therapy	2023
8	Uzma Ilyas	Ethical Maze: Concerns of Mental Health Practitioners in Pakistan	2023 PAPANA: First Annual Online Competition	2023
9	Uzma Ilyas	Ethical Challenges and Mental Health Services in Pakistan: A Systematic Review	Conference on Applied Psychology (ICAP-2023) Creating a Better World for Future	2023
10	Uzma Ilyas	Exploring Ethical Dilemmas in Online Therapy: A Systematic Review of the Literature	13th International CBT Conference by Pakistan Association of Cognitive Therapy	2023
11	Uzma Ilyas	Ethical Dilemmas Encountered by Clinical Psychologists Providing Cognitive Behavioral Therapy in Their Practice: A Systematic Review	13th International CBT Conference by Pakistan Association of Cognitive Therapy	2023v
12	Uzma Ilyas	Prevalence of Ethical Concerns Among Mental Health Practitioners: Clinical Practice in Pakistan	1st International Brain and Biomedicines Conference (IBBC-2023) Government College University Faisalabad	2023

13	Uzma Ilyas	Digital Stress, Anxiety, Loneliness, and Psychological Well-Being of Pakistani Students	1st International Brain and Biomedicines Conference (IBBC-2023) Government College University Faisalabad	2023
14	Uzma Ilyas	CBT in Digital Age for Disasters: A Systematic Review	13th International CBT Conference by Pakistan Association of Cognitive Therapy	2023
15	Uzma Ilyas	Psychometric Scales on Climate Psychological Correlates: A Systematic Review	Conference on Applied Psychology (ICAP-2023) Creating a Better World for Future	2023
16	Uzma Ilyas	Climate Change and Mental Health in Pakistan: Wakeup Call	International Conference on Climate Change: Challenges and Responses (IC4R-2023)	2023
17	Arooj Nazir	Correlates Personality Traits and Self-efficacy of Handling Bullying Among School Teachers	International Brain and Biomedicines Conference (IBBC-2023)	2023
18	Arooj Nazir	COVID-19: Role of Social Support and mental health among Primiparous and Multiparous Women	International Brain and Biomedicines Conference (IBBC-2023)	2023
19	Arooj Nazir	Correlates of Emotional Intelligence and Handling Bullying Among School Teachers	International Brain and Biomedicines Conference (IBBC-2023)	2023
20	Arooj Nazir	The role of Personality Traits and Teachers Self-efficacy in Handling Bullying	2nd International Conference on Applied Psychology (ICAP-2023) Creating a Better World for Future	2023
21	Arooj Nazir	Relationship of Online Gaming with Self-Control, Problem-Solving and Social Zapping among Gamers	International Brain and Biomedicines Conference (IBBC-2023)	2023